



Town of Reading

# MEN'S HEALTH FAIR

**Tuesday, June 14**  
**10:00 am – 12:30 pm**  
**Pleasant Street Center**  
**49 Pleasant Street**

## Featuring:

- Fitness Within
- Hallmark Health VNA & Hospice
- Hallmark Health Rehabilitation Department
- Health Department
- MVES Nutritionist
- Rite Aid
- SNAP Fitness
- Tobacco Coordinator
- Winchester Hospital

## Free Health Screenings:

- Blood Pressure Screening
- Flu Shots
- Balance Screening
- Lung Cancer Screening
- Strength Screening

## Prize drawings:



And  
MORE!!

 **Hallmark Health System**



**Winchester Hospital**  
A member of Lahey Health

**AWARENESS.PREVENTION.EDUCATION.**